

County of Los Angeles
Department of Mental Health
Presents:
MOTIVATIONAL INTERVIEWING
Levels 1 & 2
Introductory and Advanced Training



Help Transition Age Youth make difficult changes. Ignite the spark that motivates change in young adults.

Motivational Interviewing (M.I.) elicits change in a short time frame and reduces the resistance that often stalls progress.

“Motivational Interviewing is a valuable tool when working with young adults who struggle with complex issues such as substance use and mental health disorders, lack of adequate housing, criminal activity or high risk behaviors.”

- Patricia Gieselman, MFT - Presenter

The 2012 Motivational Interviewing Training consists of TWO days of Level 1 (INTRO) and ONE day of Level 2 (Advanced).

LEVEL 1 – This 2 day training is for individuals and programs that have limited knowledge of Motivational Interviewing and would like to explore its use to enhance existing services with Transition Age Youth (ages 16-25). (6.0 CE's)

LEVEL 2 – Requires prior attendance at the Level 1 course on Motivational Interviewing. Level 2 offers advanced training with expert demonstrations, practice and use of the techniques. (6.0 CE's)

Consultation – Pre and post training consultation is available for departments and agencies seeking to implement sustainable Motivational Interviewing skills with existing treatment strategies. Those interested in consultation, please contact Choices Counseling Center.

This training is FREE for:

Mentors
Substance Abuse Counselors
MFTs/LCSWs
Peer & Parent Advocates
Youth Workers
Probation Officers
Case Managers
Psychologists
Doctors & Nurses
Services Providers

**CE's available
for MFTs, LCSWs
and RNs**

ALL DMH STAFF PLEASE REGISTER VIA: <http://learningnet.lacounty.gov>.

NON DMH STAFF REGISTER WITH CHOICES A COUNSELING CENTER VIA:

FAX – (866) 541-3233

EMAIL – INFO@CHOICESCOUNSELING.CO

INTERNET -

<http://events.constantcontact.com/register/event?llr=8en7t4cab&oeidk=a07e5niznzm5ad4d810>

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2012 DMH TAY Motivational Interviewing Training Dates		
LOCATIONS ARE TBD		
All trainings are 9am - 4pm with registration beginning 8:30am		
Series	Title	Date
Series 1	Level 1 - Class one	Monday, March 12 — Spa 4 CLOSED
	Level 1 - Class two	Wednesday, March 14 — Spa 4 CLOSED
	Level 2 - Class three	Friday, March 16 — Spa 4 CLOSED
Series 2	Level 1 - Class one	Monday, March 19
	Level 1 - Class two	Monday, March 26
	Level 2 - Class three	Monday, April 2
Series 3	Level 1 - Class one	Friday, March 23
	Level 1 - Class two	Friday, March 30
	Level 2 - Class three	Friday, April 6
Series 4	Level 1 - Class one	Monday, April 9
	Level 1 - Class two	Monday, April 16
	Level 2 - Class three	Monday, April 23
Series 5	Level 1 - Class one	Friday, April 13
	Level 1 - Class two	Friday, April 20
	Level 2 - Class three	Friday, May 11
Series 6	Level 1 - Class one	Monday, April 30
	Level 1 - Class two	Monday, May 7
	Level 2 - Class three	Monday, May 14
Series 7	Level 1 - Class one	Friday, May 18
	Level 1 - Class two	Friday, May 25
	Level 2 - Class three	Friday, June 1
Series 8	Level 1 - Class one	Monday, June 4
	Level 1 - Class two	Monday, June 11
	Level 2 - Class three	Monday, June 18
MAKE UP	Level 2 - Make Up Day	Monday, June 25

Training is provided by Patricia Gieselman, MFT from Choices - A Counseling Center in Sierra Madre, CA.

Ms. Gieselman specializes in evidence-based practices such as Dialectical Behavior Therapy and Motivational Interviewing. She has extensive experience with adolescents and adults in mental health, substance abuse outpatient and residential programs. Ms. Gieselman has served as an invited presenter at local, state, and national conferences. CONTINUING EDUCATION CREDITS: Patricia Gieselman, MFT is a Continuing Education Provider for the California Board of Behavioral Sciences (BBS), PCE#780 and the Board of Registered Nursing (BRN) CEP#15873.

Each training is eligible for 6 CE credits for MFTs, LCSWs and RNs.



COUNTY OF LOS ANGELES - CALIFORNIA
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